

CHR's 1 in 5

5K Run & walk

This event brings awareness to the 1 in 5 Americans who will experience a mental health issue in their lifetime.



Date:

May 19th, 2018

Location:

Great River Park
East River Drive,
East Hartford, CT 06108

Pre-Registration Cost:

\$35 adult/youth and \$30 for CHR employees
\$15 for clients (suggested donation).

Includes a tee shirt & \$3 food truck coupon!!!

***Must register by May 2nd to receive your tee shirt.*

Registration/Check in:

Saturday, May 19th 2018
8 - 9:45 a.m.



Race Start:

10 a.m. for 5K
10:15 a.m. for the fun
1 mile walk

Prizes:

Prizes will be awarded to male & female runners with the best times in multiple age groups.

Register online at: www.chrhealth.org or fill out the below check registration form.

CHECK REGISTRATION FORM:

Adult Tee Shirt Size Preference (circle one):

XS S M L XL XXL

Name _____ Age (day of race) _____

Address _____

City _____ State _____ Zip _____

E-mail _____

Phone _____ Gender _____

Please mail this request with the proper payment to:

CHR
Development Office
995 Day Hill Road, Windsor, CT 06095

Call 860.697.3348 for additional information.

***Online pre-registration ends May 18th at 3 p.m.
Check registration must be received by May 17th, 2018 to allow time for processing.***

I, the undersigned assume all risks of participating in this Road Race and full responsibility for my conduct and actions, including any injury to myself or others or damage to property that may result while participating in the Race, and I understand CHR is not responsible for conditions that I create for myself or those created by other participants. The undersigned, understands that there may be risks and dangers associated with this Race including, but not limited to, falls and collisions and athletic injuries, which may be of a permanent nature. The undersigned, binding my heirs, executors, administrators and assigns, hereby agree to release, hold harmless and indemnify CHR, its affiliates, and each of its officers, officials, employees, agents and volunteers, from and against any and all loss, damage, expense or cost (including attorney fees) of any kind for injuries (including property damage, personal injury, disability and death) arising out of this Road Race, whether caused by the negligence of CHR or otherwise. I grant permission to CHR to use any photographs, pictures, recording, or any other record of this event for any legitimate purpose. Finally, I grant permission to CHR to contact me with e-mail updates if I choose to submit my email address.

Signature of parent or guardian if under 18 years of age. _____ Date _____

Participant Signature _____ Date _____