RECOVERY. SUPPORT. HOPE.
TRIANGLE CLUB

10th Annual Spirit of Recovery 5K Run/Walk

Sunday May 19, 2019 at 10:00 AM

Liberty Mutual, 100 Liberty Way, Dover, NH 03820

$25.00 entry fee for those over age 13
$15.00 entry fee for ages 13 and under
entry fee is non-refundable

Please make checks payable to and send to: Triangle Club, Inc., PO Box 592, Dover NH 03821

For more information contact Ted at (603) 842-6488 or Stacie at (603) 742-9803

ENTRY FORM

180124-1

FIRST NAME

LAST NAME

AGE ON RACE DAY | SEX | DATE OF BIRTH (MM DD YY) | CIRCLE ONE

Runner Walker

STREET ADDRESS

CITY | STATE | ZIPCODE

AREA CODE | PHONE | Male | Female

EMAIL ADDRESS

Waiver: Please submit my entry to the Spirit of Recovery 5K Run/Walk. I agree to assume all responsibility for any and all risk of damage or injury that may occur to me if I participate in this event. I, hereby, for myself, my heirs, executors and administrators, release the Spirit of Recovery 5K Run/Walk and its sponsors, the Dover Race Series and its sponsors, and the Triangle Club from all claims, damages, and rights of action coinciding with my participation in this event. I hereby certify that I am physically fit and able to compete in this event. I also give permission for the use of my name and/or picture in any photo or other coverage of this event.

Particpant's signature_____Date_____

If under 18, parent's/guardian's signature_____Date_____

Online Registration available at: spiritofrecovery5k.org

Spirit of Recovery 5k Run/Walk proceeds will benefit Triangle Club, Inc., 120 Broadway, Dover NH. Triangle Club is a non-profit 501(c)(3) organization and is a haven for personal recovery from substance use disorders.