

AFCEA 5K Family Fun Run and walk, Sept 29, 2018

The event will be taking place at the historical Minuteman National Park, in Lexington, Mass. As sufficient parking is not available at the National Park facility, there is parking being utilized at the Minuteman High School, which is across the street.

Minuteman High School is offering to our organization, AFCEA, the usage of their facility, to include parking area, facilities (bathrooms and locker rooms), as well as the ground for pre-race registration, and post-race gathering for the prize raffle. For last year's event, we had nearly \$3,000 in raffle giveaways which we are expecting to exceed for this year's event. For the raffle, we use the participants bib number for the raffle, so that all registered participants have equal chances to win.

For access from the parking / registration area, to the 5K course, the participants will need to cross MA Rt 2A, which is a state road with State Police jurisdiction. This road is one lane each direction, with a speed limit of 30 mph. There is a crosswalk in the road, **where a NPS ranger crossing guard will be providing assistance with our participant crossing**. As this road is a main access for businesses in the area, there is limited traffic on the weekends. Last year we had no issues whatsoever with the traffic, so we are not projecting any issues to be expected at all this year either.

The actual race course is entirely off of the road, so no road closures, rolling closures, or coned running lanes are required. The course is on National Park property, and while it is on an unpaved trail, it is a very hard packed dirt trail (the course sees upwards of 1 million pedestrian visitors per year, so the trail is not loose dirt and is free of potentially risky debris or other obstacles).

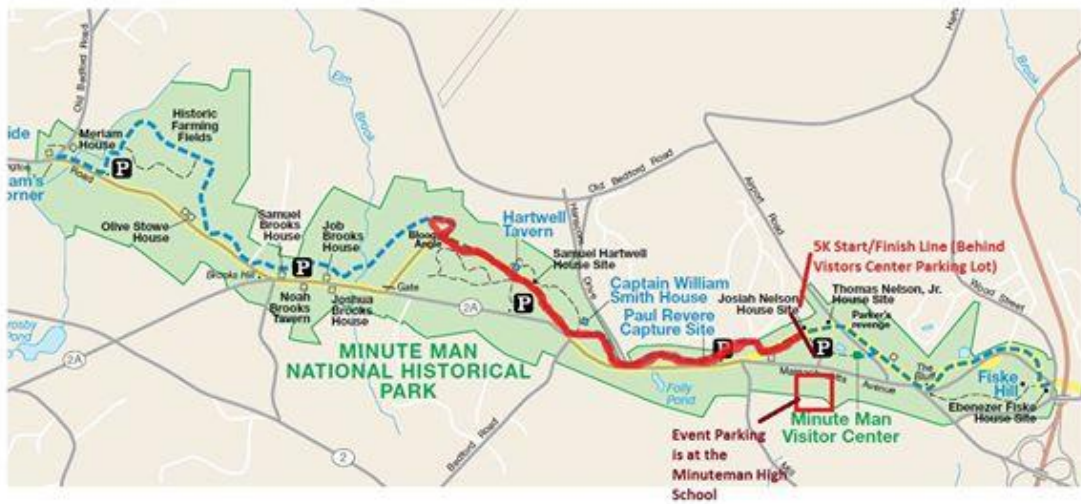
The course is an "out and back" loop, where the start line is the same as the finish line. Approximately 1.2 miles into the course, the loop begins, where participants follow the route around a triangle, and begin the route back to the start/finish line. The part of the course where there is risk of runners going in both directions, the course trail is between 12 and 15 feet wide at least, so there is plenty of space. On the course, there was, and will be again, signage at every turn, and possible intersection of the trail to ensure no confusion, as well as having our staff (volunteers) along the course for safety monitors as well as directing participants. Additionally, we have and will use cones along the course directing participants in the correct direction, in case they don't see the signs hanging along the route as well.

We have opted to not have a water stop along the route, as it is a 5K, and the National Park has requested there not be one, due to the potential litter from it. In lieu of the water stop along the course, we will have water at the finish line, where we can provide adequate trash receptacles to ensure not trash in the National Park. Additionally, at our post-race gathering, we will have more water available to ensure all participants are adequately hydrated.

The race director, the NPS Ranger, and all volunteers (spotters, set-up, general, etc) will all be equipped with cell phones during the race (there is full coverage in the suburban area this takes place), to ensure we have full communication at any time. We will have 4-5 volunteer spotters located every 1/4 mile along the route to assist racers in the event an medical attention is needed. The spotters will use cell phone communication to contact the NPS Ranger to arrange an appropriate response to any potential incident.

In the unfortunate case of something major, EMS dispatch is only 1 mile away, and the closest hospital is less than 5 miles away, we will have fire department notification configured.

Below is the Race Route (in Red). This route is the off of the road trail participants will be on.



Below is depicts the Parking area referenced above vs the Start/Finish area, using the Satellite map very better clarity.

