

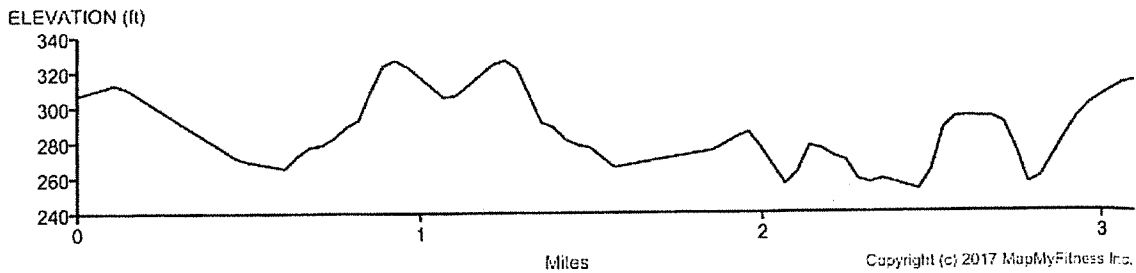
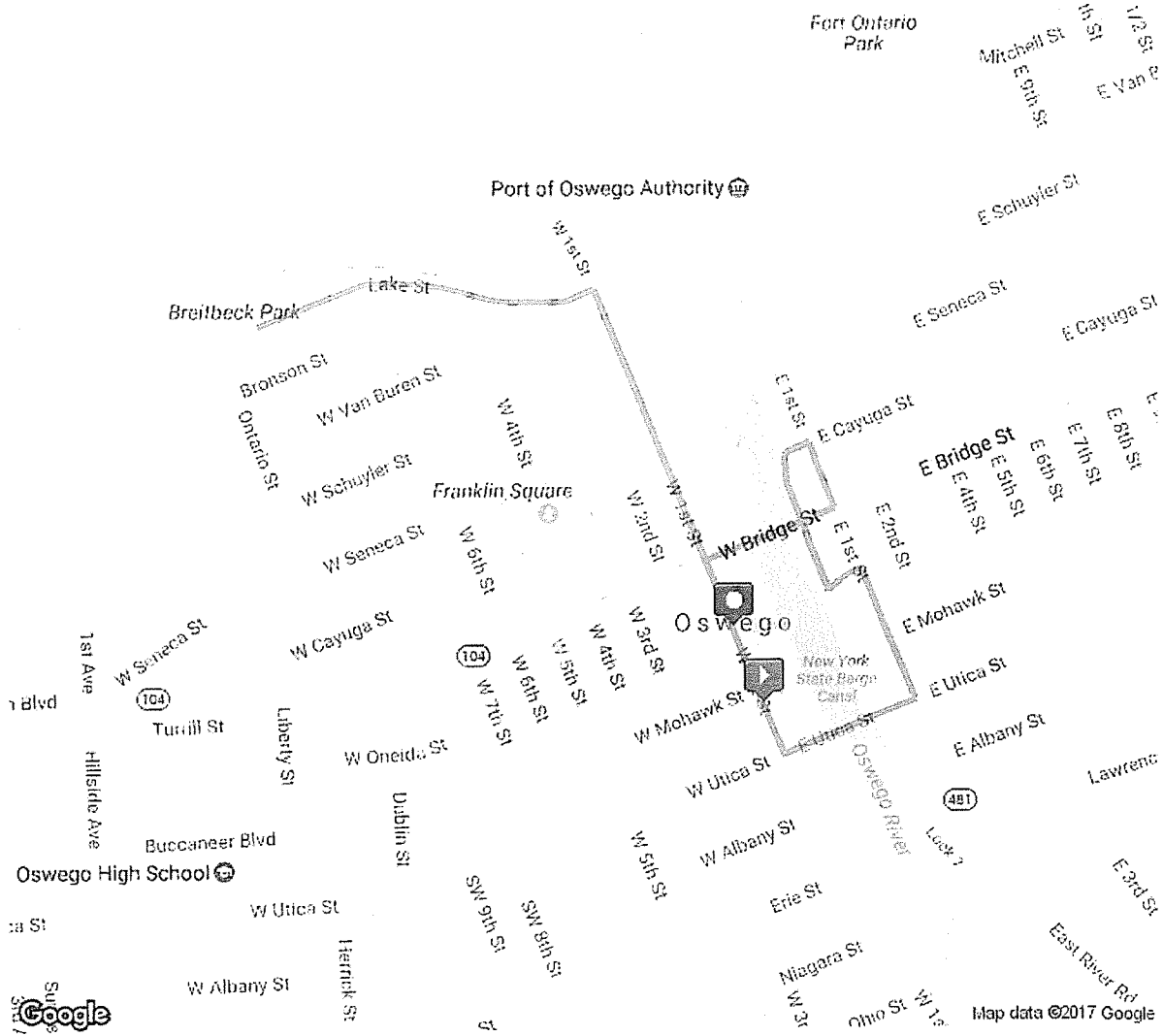
YMCA Harborfest 5K

Distance: 3.10 mi

Elevation Gain: 127 ft

Elevation Max: 327 ft

Notes



- 0.12 mi** Head north on W 1st St toward W Bridge St
- 0.61 mi** Turn left onto Lake St
Destination will be on the left
- 0.62 mi** Head southwest on Lake St toward W 2nd St
Destination will be on the left
- 1.08 mi** Head east on Lake St toward W 8th St
- 1.29 mi** Head east on Lake St toward W 5th St
- 1.51 mi** Head northeast on Lake St toward W 1st St
- 1.55 mi** Turn right onto W 1st St
- 1.95 mi** Head south on W 1st St toward W Bridge St
- 1.95 mi** Turn left onto W Bridge St
- 2.14 mi** Head north on E 1st St toward E Cayuga St
Destination will be on the left
- 2.23 mi** Head northwest on E 1st St toward E Cayuga St
- 2.23 mi** Turn left onto E Cayuga St
- 2.26 mi** Continue onto Canal View Dr
Destination will be on the left
- 2.39 mi** Head south on Canal View Dr toward E Oneida St
- 2.46 mi** Head south on Canal View Dr toward E Oneida St
- 2.46 mi** Turn left onto E Oneida St
- 2.52 mi** Turn left onto E 1st St
- 2.52 mi** Head southeast on E 1st St toward E Oneida St
- 2.71 mi** Head south on E 1st St toward E Utica St
- 2.71 mi** Turn right onto W Utica St
Destination will be on the left
- 2.91 mi** Head east on W Utica St toward W 1st St
- 2.91 mi** Turn left onto W 1st St
Destination will be on the left
- 3.09 mi** Destination

0.13 mi	Head north on W 1st St toward W Bridge St
0.50 mi	Head west on W Schuyler St toward W 2nd St Destination will be on the left
0.88 mi	Head west on W Schuyler St toward W 8th St
1.26 mi	Head southwest on W Schuyler St toward 1st Ave/Hillside Ave
1.28 mi	Turn left onto 1st Ave/Hillside Ave Destination will be on the right
1.43 mi	Head north on 1st Ave/Hillside Ave toward W Bridge St
1.44 mi	Turn left onto Washington Blvd Destination will be on the right
2.07 mi	Head south on Washington Blvd
2.09 mi	Continue onto Swift St
2.29 mi	Turn right onto West End Ave
2.42 mi	Head west on West End Ave toward Union Rd
2.47 mi	Continue straight onto Sweet Rd
2.48 mi	Head south on Sweet Rd toward Iroquois Trail
2.67 mi	Turn right onto Iroquois Trail
2.68 mi	Head southwest on Iroquois Trail
3.09 mi	Head northwest on Iroquois Trail
3.18 mi	Head south on Iroquois Trail
3.48 mi	Head east on Iroquois Trail toward Sweet Rd
3.69 mi	Turn left onto Sweet Rd
3.87 mi	Turn right onto West End Ave
3.89 mi	Head east on West End Ave toward Union Rd
4.05 mi	Turn left onto Swift St
4.16 mi	Head north on Swift St
4.26 mi	Continue onto Washington Blvd
4.40 mi	Head east on Washington Blvd toward Baylis St
4.94 mi	Sharp right
4.94 mi	Head north toward W Seneca St
4.95 mi	Slight right onto W Seneca St
5.48 mi	Turn right onto W 6th St
5.49 mi	Head south on W 6th St toward W Cayuga St
5.86 mi	Turn right onto W Mohawk St
5.86 mi	Head east on W Mohawk St toward W 6th St Destination will be on the left
6.11 mi	Head east on W Mohawk St toward W 1st St
6.14 mi	Turn left onto W 1st St
6.20 mi	Destination

the river's end bookstore Kids Fun Run

Distance: 0.30 mi

Elevation Gain: 4 ft

Elevation Max: 321 ft

Notes

For Kids ages 4-12.

Kids Run Distances are approximately 1/4 mile, 1/2 mile and 1 mile based on number of laps. Parents do not run with kids.

