Bib#

Cash _____

Check_____

Other_____

Dash for Recovery 5k Mail in/Race Day Application

Fill out all items – incomplete information will result in your application being returned to you

Entry fees: $30.00 for adults $20.00 for youth 17 and under

Additional Donation:_____ Raffle tickets $5.00 each:_____

Checks payable to: Dash for Recovery 5k

Mail to: Dash for Recovery 5k, 54 Wethersfield Rd., Nashua, NH 03062. Must be postmarked by Aug 13

FIRST NAME

LAST NAME

AGE

SEX

DATE OF BIRTH (MM DD YY)

STREET ADDRESS OR P.O. BOX

CITY

STATE

ZIP CODE

Please circle your shirt size below:

S M L XL

EMAIL ADDRESS
(For emailed results if available)

Waiver Must Be Read and Signed

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race, including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of application, I, for myself and anyone entitled to act on my behalf, waive and release Dash for Recovery 5K and Phoenix House and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable.. I also allow my name to be posted in the results in various media such as newspaper, periodicals and the web.

Signature (parent or guardian must sign if under 18 years old)